

CURRICULUM VITAE

PERSONAL DETAILS

NAME: Zhengjia Ren MD, MPH, PhD
Occupation Psychiatrist and Counseling Psychologist
EMAIL: renzhengjia@hotmail.com

TERTIARY EDUCATION

2016.1-2016.7 Visiting Scholar, Fuller School of Psychology. Pasadena. Advisor- Professor
Al Dueck
2016.8- 2016.12 Visiting Scholar, University of Tennessee at Chattanooga. Advisor- Professor
Ralph Hood
2013- 2016 PhD, Mental Health Center, West China Hospital, Sichuan University.
Supervisor –Professor Wei Zhang
2011-2012 Master of Public Health, School of Public Health and Primary Care, Chinese
University of Hong Kong. Supervisor –Professor Martin C S Wong
2003-2008 Medical Degree, ZunYi Medical University. GuiZhou, China

PROFESSIONAL QUALIFICATIONS

2008-2015 Had graduated from Chinese American Psychoanalytic Alliance and Chinese
Psychological Association senior course. Previously supervised by Carol
Arland PhD, and under the supervision of Lea Klein PhD, and
training as an analyst with Anna Meister Burton, M.D.
2012 Certificate, 2012 Hospital Authority Workshop on Clinical Research
Compliance. Hospital Authority Research Ethics Committee, Hong Kong.
2010 Cognitive behavioral therapy Certificate, west china hospital and Hong Kong
Chinese Cognitive behavioral therapy association.

- 2010 Religion Psychology Certificate award by Fuller School of Psychology and Chinese Academy Sciences. Attended the intensive conference in the F. Templeton scholars program for Chinese scholars at Fuller School of Psychology in Pasadena, California.
- 2011 International Mental Health First Aid Programmers (MHFA), Mental Health First Aid in china, Mental Health Center of the West China Hospital Sichuan University and University of Melbourne.
- 2008-2009 Certificate of National Continuing Training Program for EMDR trauma therapy, Training Organization HAP.
- 2008-2009 Certificate of Post-Earthquake Psychological Rehabilitation Training, West China Hospital and Hospital Authority, Hong Kong.
- 2009 Senior Psychological counselor, Ministry of Labor and Social Security of the PRC
- 2007 -2008 Internship, Chengdu Railway Hospital and Chengdu Mental health Center
- 2007-2008 Counselor, Ministry of Labor and Social Security of the PRC.

MEMBERSHIPS

- 2017-2018 Member of American Psychological Association
- 2017-Present Research Boards Committee, China American Psychoanalytic Alliance.
- 2017- Present Member of World Psychiatric Association-Dynamic Psychiatry Division
- 2011 -2013 Member of Chinese Psychological Association
- 2008-2013 Member of China American Psychoanalytic Alliance.
- 2012 Associate member of American Academy of Psychoanalysis and Dynamic Psychiatry

CLINICAL AND WORKING EXPERIENCE

- 2016 Teaching assistant in Chinese American Psychoanalytical Association
- 2012- 2015 Private Practice in psychotherapy center in Chengdu, Sichuan
- 2013 Trainer, Disaster Mental Health Programmer for Communities in Asia-China and Singapore Programmer
- 2011-2012 Research assistant, School of Public Health and Primary Care, Chinese University of Hong Kong.
- 2009-2011 Coordinator and clinical worker in the earthquake area, including training for local clinicians; clinical supervision for Counselors; psycho-education and individual psychotherapy for the survivors, and coordination work. Working Organization: West China Hospital, Sichuan University and the Youth Foundation, Hong Kong.
- 2011 Invited to Foxconn to do Suicide crisis intervention, as co-leader and secretary to do management work, and also to do clinical intervention and public education to those workers in Foxconn.
- 2009 Clinical Psychotherapist, Mental Health Center, West China Hospital, Sichuan University.
- 2008-2009 Worked as a full-time volunteer to provide psychological service and volunteer coordination working in earthquake area. West China Hospital, Sichuan University.
- 2008-2009 Clinical Supervisor, Southwest China Counselor Training Center, West China Hospital, Sichuan University.
- 2007-2008 Department of Psychiatry, Chengdu Mental Health Center. Sichuan, China.

Awards:

- Best Capstone Oral Presentation Prize (Full Time), School of Public Health, CUHK

- Best Capstone Project Prize-5th Prize, School of Public Health, CUHK
- Award for contribution to WenChuan 5.12 Earthquake psychological intervention and community rehabilitation work from 2009-2012.Center for Psychological Crisis Intervention, West China Hospital
- Award for scholarship, ZunYi Medical College, 2008
- Award for Excellent Social volunteer, West china hospital, 2008.
- Award for excellent student, ZunYi Medical College, 2007
- Year Award for excellent, QingHua high school.ZunYi, 2002

Conference and Other Activities:

- Speaker. Culture, sexuality, and homophobia in China. What can we learn about formality marriage in China? CAPA DIM SUM 2017 ITINERARY. Presentation. 2017, January, 22.
- Keynote speaker, Group Psychotherapy for Social Anxiety Disorder in Mainland of China, Experiences and Learnings. Group counseling and therapy professional BBS on both sides of the Taiwan straits, The Division of Group Counseling and Group Therapy, CAMH. Presentation.2015, 11.29.
- Brain Activation Changes of Patients with Generalized Social Anxiety Disorder after Group Cognitive Behavior Treatment: A Resting-state Functional Magnetic Resonance Imaging Study, 8th International Congress of Cognitive Psychotherapy, Poster, 26, June, 2014
- Invited to visit the Chinese University of Hong Kong and give some presentations for Department of Psychiatry, School of Medicine, and Shaw College in Chinese University of Hong Kong. 2009
- Invited to visit FuDan University and give a presentation, 2009
- Invited to Sichuan TV to provide psycho-education to the public, 2009, 2012
- Invited to Visit Suzhou University and give a presentation, 2008

- Invited by some newspapers and Medias to do public education,2009
- Invited to do some training for native psychological Counselors by Group Provincial Party Committee, CRC. 2009
- Invited to attend the second, third, fourth, and fifth International Psychology of Religion and give presentations in different topics in Sichuan University, Qufu Normal University, Minzu University of China, East china Normal University. 2008-2014
- Invited to attend the first International Existential Psychology Conference –Nanjing 2009
- Invited to the Fuller school of psychology in Pasadena, California and give some presentations.
- Invited to the Rocky University and gave presentations,2010
- Went to the earthquake area more than 700 times to do some training for local teachers social workers, psychiatrists and country doctors. Went to earthquake area to do public psychological education to the survivors in earthquake area. 2008-2011
- Invited to attend the annual conference of the American Psychological Association, and share our experience for disaster mental health services. 2010

LEADERSHIP:

- 2008-2011 Coordinator and Secretary General, Post-earthquake Psychological Rehabilitation Programmer, West China Hospital, Sichuan University and The Youth Foundation, Hong Kong,
- 2009 Co- Leader and secretary, Foxconn crisis intervention programmer.
- 2009-2010 Community Secretary, post-earthquake psychological assistance projects. Ministry of health of the people’s public of China and (DFID) UK Department for International Development.
- 2006-2008. Founding director, Mental Health Education Students Association in ZunYi Medical

College.

2003-2006 Vice-president, Student Union, Department of Public Health, ZunYi Medical College.

2001-2003 President, Student Union, Tsinghua high school, Zunyi, Guizhou,China.

Research Project:

Principal Investigator:

1: Opportunities and Challenges of video psychodynamic training in China-Experiences from trainers and trainees, Sponsored by Chinese American Psychoanalytical Association. 2017

2: Spirituality in different ethnic and religious group in China. Sponsored by Travis Research Institute. 2016-2017

Manuscript preparation.

1. Zhengjia Ren etc. (2017). Internalized Homophobia Scale for Chinese Gay Men:

Conceptualization, Factor Structure, Reliability, and Associations With Hypothesized Correlates. (Manuscript preparation).

2. Zhengjia Ren etc. (2017). It is Time to Close the Gap-A qualitative Research of Mental Health Care Services Gap in Chinese Burn Injured Patients. (Manuscript preparation).

3. Zhengjia Ren etc. (2017). Understanding Suffering and Emotion in Chinese Earthquake Survivors (Manuscript preparation).

4. **Zhengjia Ren etc. (2017).** Loss of Homeland: A Qualitative Study of the Changes in Perception of Sichuan Earthquake Survivors with Posttraumatic Stress Disorder. (Manuscript preparation).
5. **Zhengjia Ren etc. (2017).** Repeated and Intensive Imaginary Prolonged Exposure Treatment of Post-Traumatic Stress Disorder: Three Case Reports.
6. **Zhengjia Ren etc. (2017).** Factor Analysis of the Mystical Scale in Yi Ethnic Group: Indigenous Psychologies and Universalism.
7. **Zhengjia Ren etc. (2017).** Formality Marriage in China for Homosexual People, from “Men Dang Hu Dui” to Kinship
8. **Zhengjia Ren etc. (2017).** The Effects of self-construal and living environment on gay men’s internalized homophobia
9. **Zhengjia Ren etc. (2017).** Mental Health Professionals’ Ethical Dilemma When Working with Gay Men Who are in Heterosexual Marriages in China.
10. **Zhengjia Ren etc. (2017).** Religion, Spirituality, and Healing - An ethnographical study China
11. **Zhengjia Ren etc. (2017).** Personal Transformation process of Mental Health Relief workers in Sichuan Earthquake. *Journal of Religion and Health*. (Under Review).

Publications in peer-reviewed journals

1. **Ren, Z.,** Dias, J., & Zhang, W. (2016). Lessons and Challenges of Disaster Relief Work in Rural China. *Journal of Humanistic Psychology*, 0022167816675704.

2. **Ren, Z.**, Wang, H., & Zhang, W. (2017). Experiences in disaster-related mental health relief work: An exploratory model for the interprofessional training of psychological relief workers. *J Interprof Care*, 31(1), 35-42. doi: 10.1080/13561820.2016.1233097
3. Yuan, M., Zhu, H., Qiu, C., Meng, Y., Zhang, Y., Shang, J., . . . Lui, S. (2016). Group cognitive behavioral therapy modulates the resting-state functional connectivity of amygdala-related network in patients with generalized social anxiety disorder. *BMC Psychiatry*, 16, 198. doi: 10.1186/s12888-016-0904-8
4. **Zhengjia Ren**, Catherine Q. Howe, & Zhang, W. (2017). Maintaining “Mianzi” and “Lizi” – Understanding the Reasons for Formality Marriages between Gay Men and Lesbians in China. *Journal of transcultural psychiatry (Accepted)*.
5. Zhu, H., Qiu, C., Meng, Y., Yuan, M., Zhang, Y., **Ren, Z.**, . . . Zhang, W. (2017). Altered Topological Properties of Brain Networks in Social Anxiety Disorder: A Resting-state Functional MRI Study. *Sci Rep*, 7, 43089. doi: 10.1038/srep43089
6. **Ren, Z.**, W. C. Chang, Q. Zhou, Y. Wang, H. Wang and D. Hu. "Recovery of Lost Face of Burn Patients, Perceived Changes, and Coping Strategies in the Rehabilitation Stage." *Burns*, (2015).
7. **Ren, Zhengjia**. "Spirituality and Community in Times of Crisis: Encountering Spirituality in Indigenous Trauma Therapy." *Pastoral Psychology* 61, no. 5-6 (2012): 975-991.

8. **Ren, ZJ.** "On Being a Volunteer at the Sichuan Earthquake Disaster Area (Translated Version)." *Hong Kong Journal of Psychiatry* 19, no. 3 (2009): 123.
9. **Ren, ZJ,** Hong Deng and LK George Hsu. "Ptd in a One Year Old Girl after the Wenchuan Earthquake in Sichuan, China." *Psychiatry* 74, no. 1 (2011): 87-92.
10. Li, Y., Meng, Y., Yuan, M., Zhang, Y., **Ren, Z.,** Zhang, Y., . . . Zhang, W. (2016). Therapy for Adult Social Anxiety Disorder: A Meta-Analysis of Functional Neuroimaging Studies. *J Clin Psychiatry*. doi: 10.4088/JCP.15r10226
11. Shang, Jing, Yuchuan Fu, **Zhengjia Ren,** Tao Zhang, Mingying Du, Qiyong Gong, Su Lui and Wei Zhang. "The Common Traits of the Acc and Pfc in Anxiety Disorders in the Dsm-5: Meta-Analysis of Voxel-Based Morphometry Studies." *PloS one* 9, no. 3 (2014): e93432.
12. Yuan, JinQiu, RenJie Zhang, ZuYao Yang, Jack Lee, YaLi Liu, JinHui Tian, XiWen Qin, **ZhengJia Ren,** Hong Ding and Qing Chen. "Comparative Effectiveness and Safety of Oral Phosphodiesterase Type 5 Inhibitors for Erectile Dysfunction: A Systematic Review and Network Meta-Analysis." *European urology* 63, no. 5 (2013): 902-912.
13. MinlanYuan, Meng, Y., Zhang, Y., Nie, X., **Ren, Z.,** Zhu, H., . . . Zhang, W. (2017). Cerebellar Neural Circuits Involving Executive Control Network Predict Response to Group Cognitive Behavior Therapy in Social Anxiety Disorder. *Cerebellum*. doi: 10.1007/s12311-017-0845-x

14. Zhao, GF, Qiang Zhang, Yan Pang, **Zheng-Jia Ren**, Dan Peng, Guo-Guo Jiang, Shang-Min Liu, Yan Chen, Ting Geng and Shu-Sen Zhang. "[Application of the Children's Impact of Event Scale (Chinese Version) on a Rapid Assessment of Posttraumatic Stress Disorder among Children from the Wenchuan Earthquake Area]." *Zhonghua liu xing bing xue za zhi= Zhonghua liuxingbingxue zazhi* 30, no. 11 (2009): 1160-1164.
15. 曹检化, **任正伽**, 谌红献, & 刘学兵. (2009). 情绪调节技术在危机干预中的应用. *中华行为医学与脑科学杂志*, 18(3), 221-222.
16. 陈美玉, 陈颖, 邓红, **任正伽**, 张倬秋, & 张树森. (2010). 小组音乐治疗对早期精神分裂症患者焦虑情绪及恢复力的效果. *中国心理卫生杂志*, 24(8), 579-580.
17. 陈颖, 赵高锋, 邓红, 张强, 刘善明, **任正伽**, & 张树森. (2011). 青少年危险行为问卷信效度研究. *预防医学情报杂志*, 27(3), 161-164.
18. 彭静, 尹丽娟, 刘珍坊, 周海霞, 张雯, 谭兆邦, ... 邓红. (2009). 汶川地震灾民心理健康调查. *华西医学*, 24(10), 2707-2709.
19. **任正伽**. (2009). 365 天的陪伴——一位赴汶川心理援助工作者的经历. *心理与健康*(5), 38-40.
20. 赵高锋, 杨彦春, 张强, 张树森, 邓红, 朱燕, ... 陶庆兰. (2009). 汶川地震极重灾区社区居民创伤后应激障碍发生率及影响因素. *中国心理卫生杂志*, 23(7), 478-483.

21. 袁敏兰, 任正伽, 朱鸿儒. 社交焦虑障碍认知行为治疗前后静息态局部一致性研究. 四川大学学报 (医学版) 2016;47(6):898-903

22. 赵高锋, 杨彦春, 张树森, 邓红, 朱燕, 任正伽, ... 刘传新. (2008). 汶川地震极重灾区 780 名受灾群众心理状况调查. 中国循证医学杂志, 8(10), 815-819.