

The Resume of Chen Fu

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Chen Fu claims As the last original trend of thought in ancient China, with the spread of Western influences to the East, nousology provides a strong thinking dynamic during modernization in East Asia society, especially Japan and China. One of the features of modernization is to get rid of the traditional family structure and to gain personal freedom from economic independence.

However, since individuals are no longer tightly bounded with family, they usually feel out of place in the rapid changing world. The independent interpersonal relationship sharpens the feeling of isolation. Since the loss of connections in life, both physical and mental illness become more severe for human beings. As the most avant-garde thoughts in Confucianism, nousology is actually the origin of Chinese Indigenous Psychology. If the nousology can be transformed into corresponding thoughts, the increasingly serious psychiatric problem of human beings can be solved effectively. This is the background of nousological psychology.

The shaft thoughts of Wang Yang-ming, master of nousology, is conscience which implies two ways of internal awareness: “the Self” as a line of relief and “the Ego” as the line of liberation. The Self transcends the individual and the Ego manifests the individual. Nousological psychology also takes this issue seriously and finds that nousological psychology may have a dialogue with Carl Gustav Jung’s analytical psychology. Nousological psychology claims that to live with the Self can one find the ultimate goal of life which is interlaced with Viktor Emil Frankl’s logotherapy.

Nouslogical psychology confirms that the thread of thoughts can be trans-cultural by examining analytical psychology and logotherapy and fits the context of the Western psychology. Nouslogical psychology takes the heritage of spiritual training from cultural tradition of East Asia. The spiritual training can change its level with different acceptance of life frequency of clients. Since neuropsychiatry partially focuses on the side effect of taking medicine, nouslogical psychology claims that neuropsychiatry can be transformed into psychosomatic medicine, especially with the assistance of Chinese medicine and homeopathy to deal with clients' psychiatric problem.

Nouslogical psychology also notices Bert Hellinger's therapy of systemic constellations: the family constellation is drawn by the Self. Nouslogical psychology affirms the positivity of family constellations as a treatment tool and would take this therapy on occasion to locate one's hidden problems in life, and then live with the happiness of the Self. By responding to the "Hwang Kwang-Kuo Problem", explores how nouslogical psychology can develop wisdom consultation. Although it is possible to engage in spiritual exercise from different points of emphasis, it should focus on laying out the philosophical process of "combines humans and Heaven"